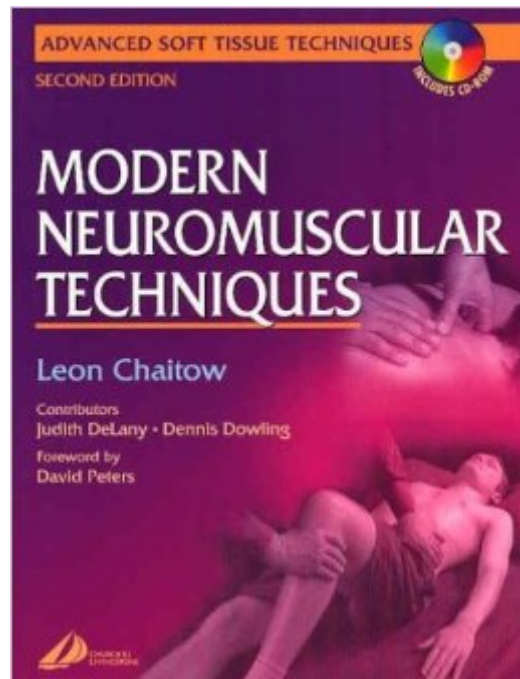


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# Modern Neuromuscular Techniques



## Synopsis

Written in easy-to-understand language that's ideal for all bodywork therapists and acupressure practitioners, this popular textbook illustrates how to make precise, systematic evaluations of soft tissue problems. It provides up-to-date information related to a specific range of therapeutic techniques. A new accompanying CD-ROM, complete with video clips that demonstrate how to perform the methods described in the text, offers visual cues for unique, clinically relevant instruction. Clear descriptions of techniques show the reader how to rapidly and accurately identify and assess local soft tissue dysfunction. A clear set of treatment options for these dysfunctions clarify which techniques may be used safely by all bodywork practitioners and therapists. Both European and North American versions of NMT are presented and described. An analysis and comparison of the major reflex systems used in bodywork provides a link between bodywork and acupressure approaches. The author is a highly respected, internationally known teacher, practitioner and author, with contributions from two of the leading practitioners in the U.S.

## Book Information

Paperback: 276 pages

Publisher: Churchill Livingstone; 2nd edition (June 9, 2003)

Language: English

ISBN-10: 0443071586

ISBN-13: 978-0443071584

Product Dimensions: 9.8 x 7.5 x 0.6 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (4 customer reviews)

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## Customer Reviews

Leon Chaitow and his collaborators have compiled extensive research on the application of force to the body during body work sessions. It offers bodyworkers a lot to consider when working with their clients, and some technique choices they may not be aware of.

STUDIED THIS BOOK IN COLLEGE AND I WAS ON A BUDGET AT THE TIME AND I CASHED IT

IN AFTER THE SEMES!!!!TER ENDED (TO MY REGRET). I AM GLAD TO HAVE IT BACK IN MY POSSESSION, AGAIN!!!!!! WONDERFUL REFERENCE KNOWLEDGE!!!! THANK YOU!!!!!!

this book is very informative for for body work It is written clearly and very easy to use. Good buy.

clear ,concise.

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